LankaLane

TRIP IDEA · 7 DAYS / 6 NIGHTS

Cultural Triangle & Kandy

Negombo → Anuradhapura → Sigiriya → Polonnaruwa → Dambulla → Kandy → Colombo

from **€650** – €1,000 per person (estimate)

LENGTH	BEST TIME	SUITS	STYLE
7 days / 6 nights	All year	Solo, Couple, Family, Friends / group	Culture & heritage

Overview

All the ancient capitals in one easy week, with an optional elephant safari and a night of Kandyan dancing.



Highlights

- Anuradhapura's great stupas and Mihintale at sunset
- Cycling round medieval Polonnaruwa
- Sigiriya and an evening elephant safari at Minneriya
- Kandyan dance show

Best months

Jan · Feb · Mar · Apr · May · Jun · Jul · Aug · Sep · Oct · Nov · Dec

Day by day

DAY 1 — **Arrive in Negombo**

Airport welcome and a relaxed first evening by the sea.

Overnight: Negombo

DAY 2 — **Anuradhapura & Mihintale**

Drive north to the first royal capital: the sacred Bo tree, Ruwanwelisaya stupa and the climb at Mihintale for sunset.

Overnight: Anuradhapura

DAY 3 — **To Sigiriya**

Morning in the quieter ruins, then on to Sigiriya. Optional evening jeep safari to see elephants at Minneriya or Hurulu.

Overnight: Sigiriya

DAY 4 **Lion Rock**
Early climb of Sigiriya, afternoon free by the pool or a village cooking lesson.
Overnight: Sigiriya

DAY 5 **Polonnaruwa by bike**
Cycle between the palaces, temples and the Gal Vihara rock-carved Buddhas of the medieval capital.
Overnight: Sigiriya

DAY 6 **Dambulla and Kandy**
Cave temples at Dambulla, a spice garden, then Kandy: Temple of the Tooth and a Kandyan dance show.
Overnight: Kandy

DAY 7 **Colombo and home**
Peradeniya gardens and the drive to Colombo for your flight.

What's usually included

Included

- Private air-conditioned car with an English-speaking driver-guide
- Hotels as described, 2 sharing, with breakfast
- Airport pick-up and drop-off
- Local taxes and the driver's costs

Not included

- International flights
- Sri Lanka ETA (visa)
- Entrance and park fees unless listed
- Lunches, most dinners and drinks
- Tips and personal spending
- Travel insurance

About the price: Estimate per person, 2 sharing, mid-range hotels with breakfast, private car with driver-guide; no flights or entrance fees.
Estimate last checked: 13 November 2026. Prices change with season, hotels and group size.

Like this idea? Enquire free at **info@lankalane.eu** or on **lankalane.com/travel**. A licensed tour partner in Sri Lanka will reply with a personal quote. You book and pay them directly.

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